MENTAL HEALTH VOLUNTEERS NEEDED!

I HAVE RIGHTS.

Position:	Volunteer for the IHR Mental Health Task Force	Commitment:	Minimum 3 hours/week
Location:	Remote	Starting Date:	As soon as possible

Short Description

I HAVE RIGHTS is looking for remote volunteers to join our Mental Health Task Force. As part of the task force, you will support volunteer caseworkers who provide legal information to people seeking asylum on Samos, Greece. We offer regular check-in calls, preparation workshops before arrival, interpreter well-being workshops, and training on trauma-informed practices. The task force is also responsible for developing and maintaining IHR's mental health policies and guidelines.

I Have Rights is committed to safeguarding the well-being of everyone we work with. Team members are expected to uphold our policies, including our Code of Conduct, and adhere to the 'do no harm' principle in all their actions. You can find our policies here. Detailed information on the project can be found at: www.ihaverights.eu.

Possible Tasks

- Regular Check-In Calls to Caseworkers on Samos
- Onboarding Workshops regarding Self-Care and Trauma
- Support workshops for interpreters on stress, boundaries and trauma-sensitive practice
- Attendance at task force meetings

Requirements

- Background in Psychology, Psychotherapy, or Social Work
- Desirable: Experience working with people on the move in a comparable humanitarian context
- Strong command of English (spoken and written)
- Ability to commit at least 3 hours per week

Benefits

- Collective learning and shared professional growth
- Contribute to a developing and meaningful initiative
- Flexible, remote working hours
- Certificate of volunteer service

If you want to support our work and volunteer with us, please send us an e-mail with your CV to **mentalhealth@ihaverights.eu**

We're looking forward to meeting you!